## The 1st P.A.R.K. Online Conference - 7 November 2020

## Webinar 10:00 - 10:40

## **Dave Spencer**

## Attention! You are now leaving your Comfort Zone!



In this webinar we'll be exploring the concept of teaching 'comfort zones.' With the recent shift from face-to-face classes to working completely online, nearly all of us have almost certainly experienced different degrees and moments of discomfort. I will be talking about why I believe it can be useful to think consciously about what your own professional comfort zone is and I'll be explaining from my own experience some of the positives we can take from suddenly going beyond, or extending, our comfort zone. I will also be sharing some practical tips and activities that have helped me to cope better with the sudden, dramatic shift to teaching teenagers online.

After studying languages at Oxford University, **David Spencer** trained to be a Secondary School teacher. He then moved to Spain where he has been living and teaching ever since. He continues to teach teenage students every day in a school near Madrid. Apart from teaching and training teachers, Dave began writing Secondary courses for Macmillan in 1994. His latest series is the best-selling 'Gateway 2nd Edition'. Dave has given talks to teachers in twenty-eight countries, including seven memorable trips all around Georgia, one of his favourite countries! He is active on social media at <a href="https://www.facebook.com/macmillangateway">www.facebook.com/macmillangateway</a>.